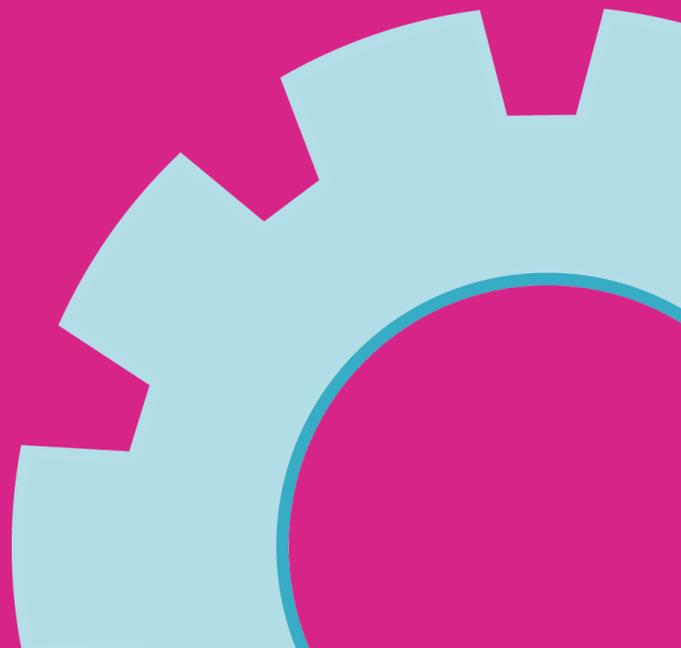




Resilience for everyone

The Resilience Accreditation Programme

Build capacity to support resilience in your organisation.



Accreditation Programme Overview

The Resilience Engine is a leader in human resilience.

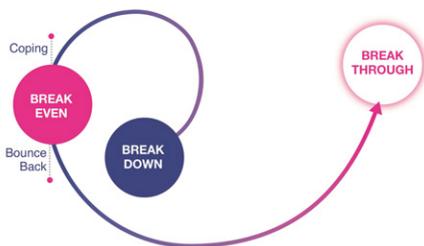
Founded on ten years of research, The Resilience Engine team believe in making the benefits of resilience accessible to everyone.

The Accreditation Programme enables experienced coaches and organisation development (OD) practitioners to become accredited in the use of The Resilience Engine models.

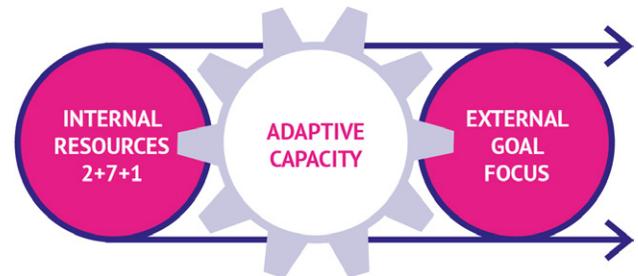
The programme includes two workshops, individual tutorial and supervision, client work and an accreditation submission demonstrating that the accreditation criteria are met.

On passing this, individuals are granted a renewable licence for three years. Successful completion of the programme provides participants with an individual license to use the research models and tools within their client or internal organisations.

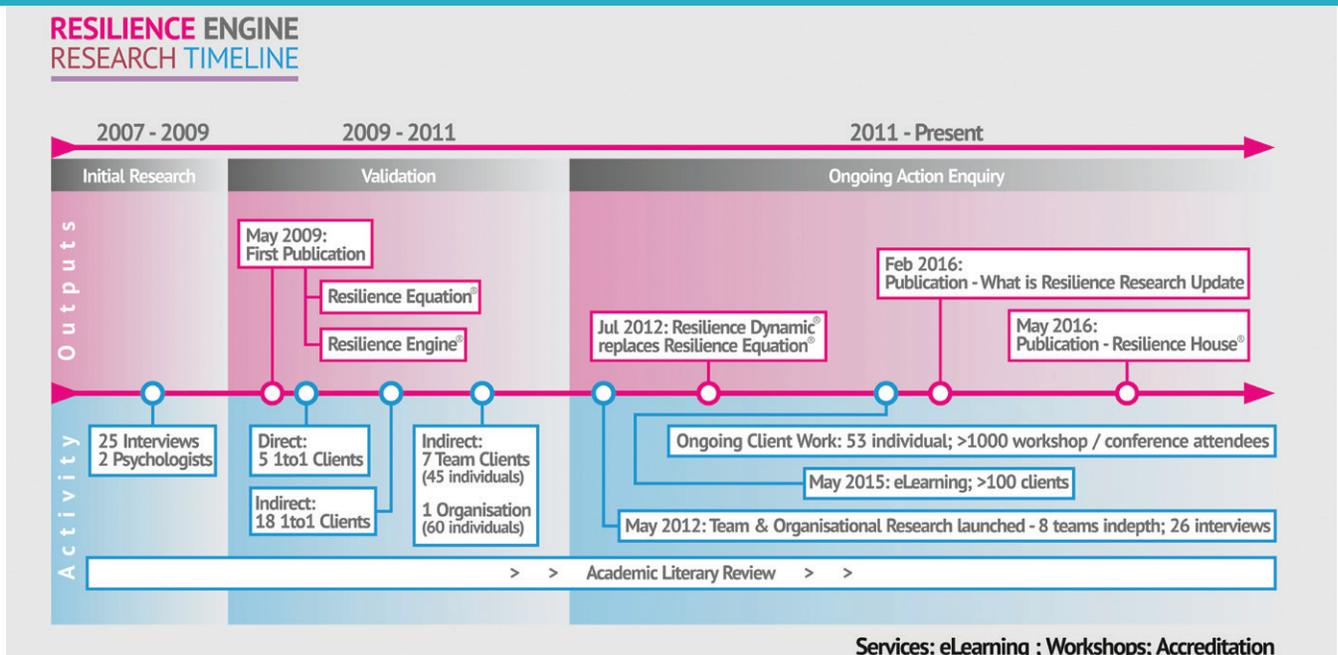
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The Resilience Engine Research



Our extensive resilience research shows consistently that resilience is the capacity for change. The three main outcomes of resilience are: **Adaptability, Sustained Performance and Wellbeing.**

The Resilience development pathway for any individual, team or organisation will depend on the start point; resilience is a practice, and develops and extends step by step.

Why Become Accredited?

As a coach or Organisational Development lead, you will be in the middle of enabling change in others. But does change always happen for real? And if there is change, does it stick? Change often doesn't work out.

Resilience is a measure of our capacity for change. Being resilient is all about being adaptable. The outcomes of resilience are transformative: it underpins sustainable performance and wellbeing.

As a coach, understanding resilience levels as a first step is a gateway to setting expectations and pace. Then, working with the client's resilience, the coaching rigourously ensures that the coaching intervention matches the client's capacity for change. And that means the work really does enable sticky change.

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Anne Archer. Accredited Practitioner since 2014

“One of the more significant aspects of going through the process was that I became inspired to learn, at a deeper level, about human potential and what can at times disable the achievement of that. A key element of my work right now is working within organisations supporting people in throws of busyness. This works so well with the notion of adaptive capacity, wasted emotional energy due to poor coping strategies or lack of clear focus”.

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Charlotte Hitchings. Accredited Practitioner since 2015

“I really like the fact that the Resilience Engine® model takes into account all the complexity and uniqueness of individuals. There are many possibilities to explore using the model and many different routes to improved resilience, which is an achievable goal for everyone, no matter where their resilience currently is.”

Rudi Kindts - Partner and Certified Integral Coach™. Accredited Practitioner since 2016

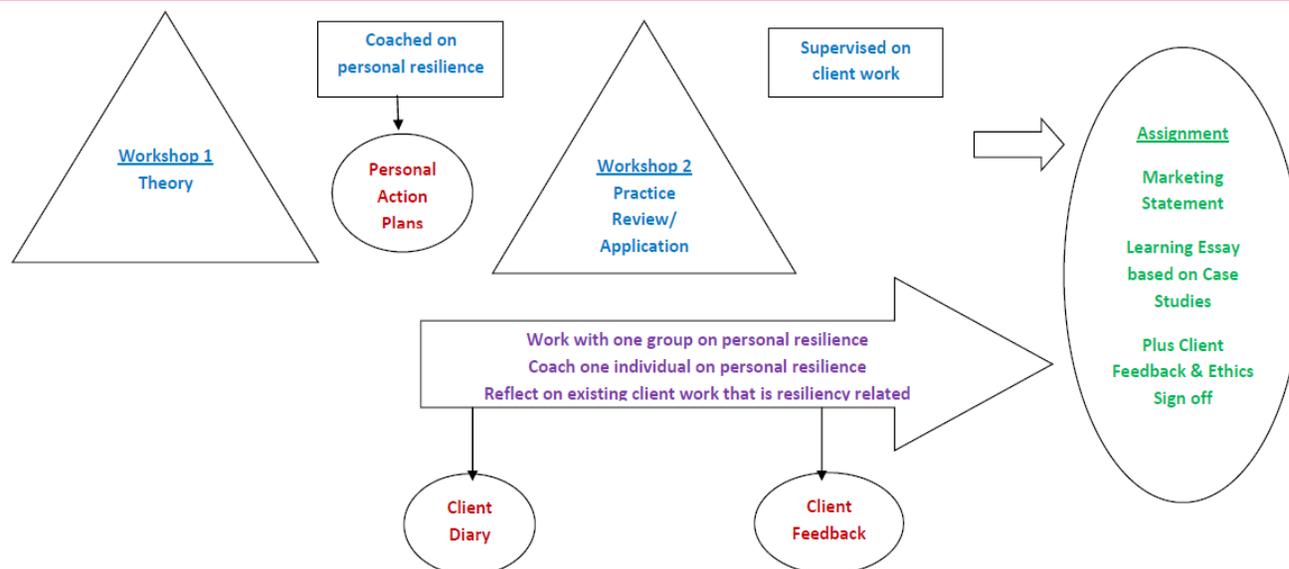
“The Resilience Accreditation Programme has been a real eye opener for me. A lot is being said and written about the subject; no one has integrated the most recent findings about resilience so masterfully as The Resilience Engine has done. The result is a holistic approach based on solid research. The Resilience Engine offers plenty of tools that resonate with clients. In addition, the programme has challenged me to take my own resilience seriously. I recommend the programme to coaches who wish to support their clients to have a more balanced and productive life.”

Michaela Henshaw - HR Consultancy, Facilitation and Executive Coaching. Accredited Practitioner since 2016

“I have been hugely energised by so many aspects of this course - the subject matter, the research findings, application of the tools and techniques, coaching and sharing from both Jenny and the rest of my delegate group, as well as, of course, the increase in my own personal resilience and my client results”.

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Accreditation Programme Details



Become a Resilience Engine accredited practitioner!



Develop and extend your coaching skills through this blended programme, to learn how to apply the Resilience Engine research with your clients.

As an internal coach, accreditation, plus use of the Resilience Engine eLearning services *Being Resilient* and the *Resilient Manager Toolkits*, builds both a resilience culture, and the capacity for resilience support.

There are two options for the Accreditation Programme:

 For individuals or small numbers, we recommend attending our open programme, delivered in partnership with the Academy of Executive Coaching: <http://www.aoec.com/training/workshops/resilience-accreditation-programme/>

If you are interested in equipping a number of internal coaches or OD practitioners, we offer an inhouse programme. The minimum number of participants is 8.

Programme Structure

1. Attend Workshop One: Theory.
2. Work with at least one group and one individual on their resilience, plus reflect on existing coaching and support work that is resiliency related.
3. Attend Workshop Two: Practice Review/ Application.
4. Have 3 x 1.5 hours group supervision plus 2 x 1 hour of individual supervision on your client work and your own resilience development.
5. Submit a Learning Assignment which demonstrates your understanding and application to your role of the learning from the Programme.

READY TO TALK?

If you want to enable real change in your clients, become a Resilience Engine accredited practitioner. Join a growing number of coaches in Europe investing in resilience.

Talk directly to one of our team: call 0131 332 7512, visit our website to discover more www.resilienceengine.com or email us info@resilienceengine.com